



PRONTO
RESTAURANT

Meals Menu



Starters



Mixed Platter 980/-



Chicken Spring Rolls 450/-



A pair of samosa beef/chicken 250/-



Pronto Mini Platter 550/-



Light Bites



Upgraded plantain 650/-



Masala Fries 500/-



Plantain 550/-



Upgraded Fries 500/-



French Fries 300/-

A pair of beef sausages 250/-

Plain croissant 250/-

Meat pie 320/-

Chicken pie 320/-



Soups



Cream of Pumpkin & Butternut Soup 380/-



Carrot & Ginger Soup 380/-



Cream of Mushroom soup 380/-



Chicken/Fish/Veg noodle in coconut milk soup 380/-



Chicken and Mushroom Soup 380/-

ALSO AVAILABLE
Clear mushroom soup 380/-



Super bowls salads



Grilled salmon salad 2050/=

Grilled salmon to perfection with broccoli, quinoa, roasted red and yellow pepper, avocado and caper sauce.



Cobb salad 1050/=

Boiled egg, tomatoes, avocado, chicken, lettuce, onions, cucumber, sweet corn, beef, ranch dressing and garlic bread.



Grand Nicoise salad 900/=

Lettuce, potatoes, boiled eggs, French beans, tomatoes, capers, grilled fish with french dressing.



Thai prawns salad 1000/=

Grilled prawns, mango, avocado, tomatoes, white onions, grapes, roasted peppers & thai peanut dressing.



Chipotle Chicken Salad 950/-

Grilled chicken, avocado, sweetcorn, black beans, lettuce, roasted peppers & rice.



Pronto garden salad 850/-

Lettuce, cherry tomato, onions, avocado, black olives, cucumber, red cabbage, french dressing & garlic bread.



Caesar salad 850/=

Lettuce tossed in caesar dressing, a choice of crispy beef/grilled chicken/fish served with parmesan cheese & garlic bread



Arabian Quinoa salad 900/=

Ancient grains of quinoa, roasted red & yellow pepper, cilantro, avocado, chick peas, red radish pomegranate topped with grilled chicken with ranch aioli dressing.



Oriental chicken salad 850/=

Boiled chicken, lettuce, cucumber, onion, mango, red pepper, lemon with peanut dressing.



Fruit Salad H.N.Y 600/=

Pineapple, watermelon, banana, mango, papaw, grapes with honey, nuts & yoghurt.

★ ★ ★ ★ ★ ADDONS

Prawns	350/-
Yoghurt	200/-
Nuts	200/-
Cheese	150/-

Mayonnaise	100/-
Avocado	100/-
1000 Island	100/-
Honey	50/-



Sandwiches, Burgers & Wraps

All sandwiches and burgers are served with a choice of accompaniment



Club sandwich 1100/=

Chicken & beef, tomatoes, onions, cheddar cheese, lettuce, mustard mayo served in white or brown bread.



Grilled Vegetable sandwich 850/=

Zucchini, egg plant, red & yellow pepper roasted, basil pesto, cheddar cheese & a touch of feta cheese.



Melanese chicken sandwich 950/-

Breaded chicken breast, red & yellow pepper, cheddar cheese in toasted sour dough bread.



Caprese in Rustica Ciabatta 950/-

Ciabatta bread, cream cheese, chicken or beef, feta cheese, rocket leaves, pesto sauce, sun dried tomato & cheddar cheese



Double Beef / Chicken burger 1300/=

Two grilled beef Pattie's / two chicken breast with lettuce, tomatoe and cheese.



Hawaiian chicken burger 1000/-
 Pineapple, onions, tomatoes, Macon, bbq sauce, cheddar cheese, grilled chicken in a bun.



Classic chicken/ beef/ veg burger 980/-
 Chicken/ beef/ vegetable, lettuce, tomato and caramelized onion.



Mexican burger 980/-
 Chicken/beef, cheddar cheese, green pepper, white onion, tangy salsa, chilli mayo & jalapenos in a bun.



Aussie chicken burger 1000/-
 BBQ chicken, grilled pineapples, egg, lettuce, tomato, cheddar cheese and ranch aioli.



Chicken fajita Wrap 900/-
 Sautéed chicken with red and yellow peppers, cilantro, carrots, onions, chilli mayo wrapped in a tortilla and served with chips and coleslaw.

vegetarian Wrap 900/-
 Broccoli, mushroom, zucchini, roasted peppers, chili guacamole, wrapped in a tortilla.

Tacos Wrap 900/-
 Grilled chicken with tacos spicy, red onion, lettuce, avocado & chili mayowrapped in a tortilla.

MAIN MEALS



Chicken Meals



Trixie meal 1300/=

A combination of royal chicken, grilled beef and fish curry served with steamed vegetables



Periperi chicken 1100/=

Roasted chicken lemon & herb periperi marinade, chips, mix vegetables and periperi sauce



Carribbean royal chicken 1200/=

Marinated spicy chicken on bone served with garden salad, salsa & ranchero sauce



Sweet chilly chicken 1100/-

Grilled chicken in sweet chilly sauce emulsion.



Chicken merryland 1000/-

Fried bread crumbed chicken with house special marinade.



BBQ chicken wings 1050/-

Well marinated chicken wings, tossed in BBQ sauce



Linguine melanese chicken 1000/-
Breaded chicken breast, linguine pasta with our special salad in french dressing



Crispy chicken 1000/-
Breaded chicken strips, deep fried served with coleslaw and honey mustard.



Chicken Nuggets 1000/-
Breaded chicken pieces, salad, chips and tartar sauce



Grilled chicken breast 1150/-
Tender juicy grilled chicken breast, steamed vegetables served with sauce of your choice (mushroom sauce, pepper sauce or gravy sauce)



Chicken stir fry 1050/-
Julienne of chicken sauted with vegetables



Nasi goreng chicken 980/-
Indonesian style roasted chicken in kepat sauce with ketchamanis sauce.



Chicken curry 1000/-
Chicken cubes in creamy curry sauce



Chicken fry 980/-
Marinated chicken leg, oven roasted served with chips & salsa.



Red Meat



Ossobucco 1150/-
Braised beef in piquante sauce.



Grilled beef fillet steak 1100/-
Grilled prime fillet steak, vegetables served with sauce of your choice (Mushroom sauce, pepper sauce or gravy sauce).



Lamb shank 1350/-
Slow braized lamb shank in our special sauce



Beef stir fried 1100/-
Grilled julienne of beef sauted with vegetables



Beef fry with rice 850/-
Fried beef with rice.

ALSO AVAILABLE

Beef strips 1100/-
Marinated beef strips tossed with assorted vegetables



Sea Food and Crustaccean



Grilled Norwegian salmon 2200/=

Grilled salmon, olive oil lemon marinade, creamy spinach, sauted vegetables, mashed potato and caper sauce.



Grilled tilapia 1150/-

Well marinated grilled fresh tilapia fillet served with vegetables & capers sauce.



Fish Curry 1150/-

Fillet tilapia cubes in creamy curry sauce



Malay king fish 1600/=

Grilled king fish, mix veg & caper sauce



Fish stir fry 1150/-

Grilled julienne of fish sauted with vegetables



Swahili coconut fish 1050/-

Fish fillet, coconut milk, mild curry paste, french beans, garden beans & cherry tomato.



Fish fingers 1080/-

Breaded fish strips, deep fried and served with tartar sauce and coleslaw



Fish piccatta 1080/-

Marinated tilapia fillet, bread crumbed & deep fried.



Whole fish 1150/-

It can be dry/wet in our special sauce/coconut sauce.



Pasta Dishes



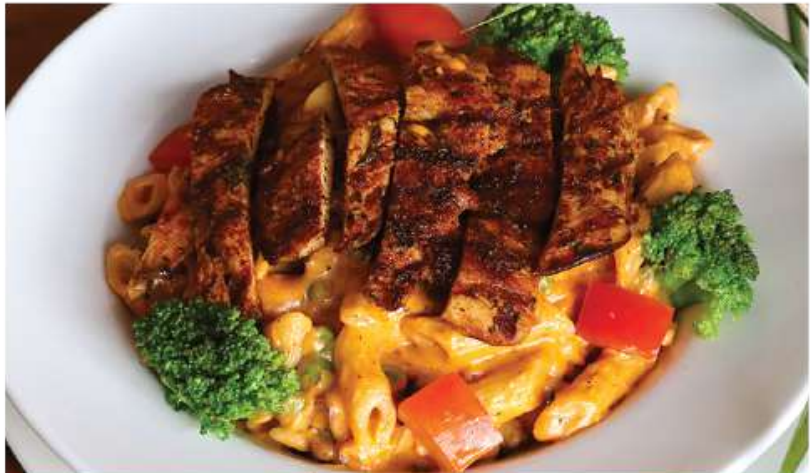
Yakisoba ramen 950/=
Ramen noodles, vegetables topped with fish or chicken with a touch of sesame.



Sea food pasta 1100/=
Fettuccine pasta, tossed with prawns, calamari & fish



Tuscan chicken pasta 980/=
Fettuccine pasta with chicken in tuscan sauce with spinach & sun-dried tomato.



Chipotle chicken pasta 1000/-
Penne or spaghetti in spicy sauce, garden peas, chicken & parmesan cheese



Chicken parmesan pasta 1050/=
Breaded chicken topped with tomato sauce & cheese on linguine pasta



Chicken Alfredo Pasta 1000/-
Penne in creamy sauce, mushroom, chicken & parmesan cheese



Spaghetti saldato 500/-



Pha thal noodles 850/-
Mushroom, chicken, assorted vegetables in yam chilly sauce.



Vegetables

Vegetable Curry 800/-
Fresh market vegetables in creamy curry sauce.

Stir fried vegetables 800/-
Assorted vegetables, sauted in garlic sauce & tomato concase.



Mexican Cuisine



Hissy chicken/beef/vegetables

1100/=

served in a bed of toast green pepper, white onions, sour cream, salsa, guacamole and a side of tortillas.



Classic Tacos

1100/-

Spicy chicken/beef topped with avocado salsa, cheddar cheese & sour cream in tortilla bread.



Mehico Quesadilla

1100/-

Chicken/beef/vegetables tossed in a ranchero sauce, served in a tortilla with mozzarella cheese, side sour cream, guacamole & salsa tossed in a sauce.

**ALSO
AVAILABLE**

Tacos Chicken/beef/vegetables

1100/-

Chicken/beef/veg stir fried, wrapped in a tortilla served with fries



Special Rice Dishes



Prawns rice 950/-



Salmon rice 1050/-



Nasi Goreng Chicken rice 850/-



Chicken rice 850/-



Biryani Chicken 750/-



Rice saldato 500/-

**ALSO
AVAILABLE**

Vegetable fried rice 550/-
Coconut rice 650/-
Lamb biryani 750/-



African Dishes



Arosto with pilau 1000/-



Dailo with rice 1300/-



Sinia for 2, with dailo, rice, pilau & beans 1600/-

**ALSO
AVAILABLE**

Camel Meat

Costato Plain	1050/-
Karanga Plain	700/-
Alleso Plain	1050/-

Reach & follow us on

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