



PRONTO
RESTAURANT

Meals Menu



Starters



Mixed Platter 850/-



Chicken Spring Rolls 350/-



A pair of samosa beef/chicken 250/-



Pronto Mini Platter 550/-



Light Bites



Upgraded plantain 650/-



Masala Fries 450/-



Plantain 550/-



Upgraded Fries 450/-



French Fries 300/-

A pair of beef sausages 250/-

Plain croissant 250/-

Meat pie 320/-

Chicken pie 320/-



Soups



Cream of Pumpkin & Butternut Soup 350/-



Carrot & Ginger Soup 350/-



Cream of Mushroom soup 350/-



Chicken/Fish/Veg noodle in coconut milk soup 350/-



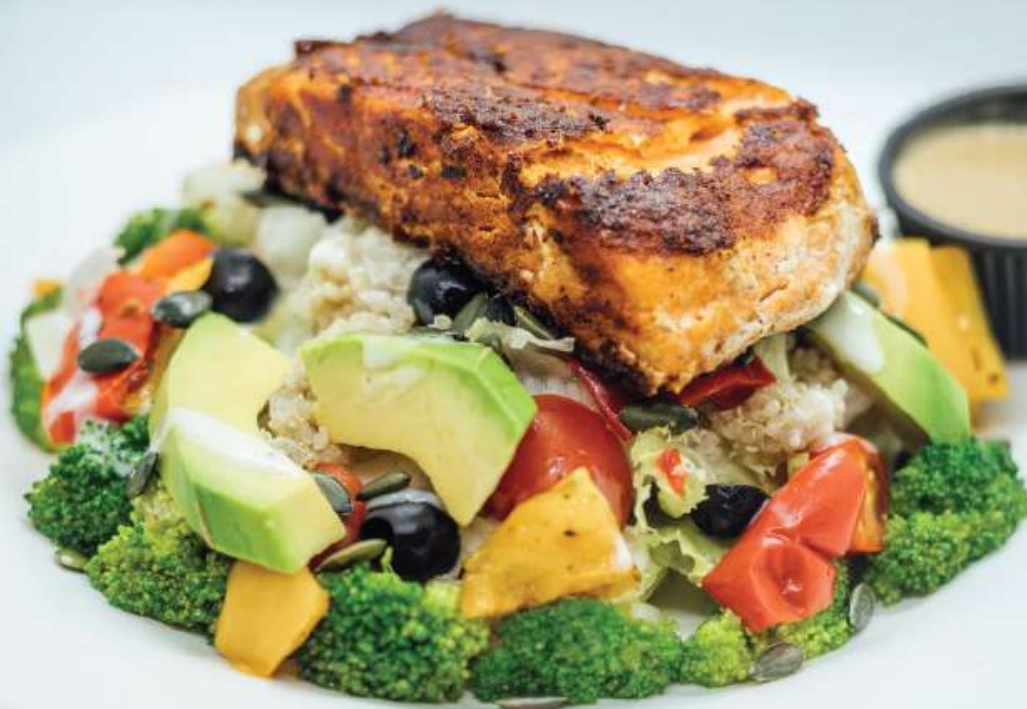
Chicken and Mushroom Soup 350/-

ALSO AVAILABLE

Clear mushroom soup 350/-



Super bowls salads



Grilled salmon salad 1850/=

Grilled salmon to perfection with broccoli, quinoa, roasted red and yellow pepper, avocado and caper sauce.



Cobb salad 1000/=

Boiled egg, tomatoes, avocado, chicken, lettuce, onions, cucumber, sweet corn, beef, ranch dressing and garlic bread.



Grand Nicoise salad 900/=

Lettuce, potatoes, boiled eggs, French beans, tomatoes, capers, grilled fish with french dressing.



Thai prawns salad 950/=

Grilled prawns, mango, avocado, tomatoes, white onions, grapes, roasted peppers & thai peanut dressing.



Chipotle Chicken Salad 950/-

Grilled chicken, avocado, sweetcorn, black beans, lettuce, roasted peppers & rice.



Pronto garden salad 850/-

Lettuce, cherry tomato, onions, avocado, black olives, cucumber, red cabbage, french dressing & garlic bread.



Caesar salad 850/=

Lettuce tossed in caesar dressing, a choice of crispy beef/grilled chicken/fish served with parmesan cheese & garlic bread



Arabian Quinoa salad 900/=

Ancient grains of quinoa, roasted red & yellow pepper, cilantro, avocado, chick peas, red redish pomegranate topped with grilled chicken with ranch aioli dressing.



Oriental chicken salad 850/=

Boiled chicken, lettuce, cucumber, onion, mango, red pepper, lemon with peanut dressing.



Fruit Salad H.N.Y 550/=

Pineapple, water melon, banana, mango, pawpaw, grapes with honey, nuts & yoghurt.

★ ★ ★ ★ ★ ADDONS

Prawns	350/-
Yoghurt	200/-
Nuts	200/-
Cheese	150/-

Mayonnaise	100/-
Avocado	100/-
1000 Island	100/-
Honey	50/-



Sandwiches, Burgers & Wraps

All sandwiches and burgers are served with a choice of accompaniment



Club sandwich 1000/=

Chicken & beef, tomatoes, onions, cheddar cheese, lettuce, mustard mayo served in white or brown bread.



Grilled Vegetable sandwich 850/=

Zucchini, egg plant, red & yellow pepper roasted, basil pesto, cheddar cheese & a touch of feta cheese.



Melanese chicken sandwich 950/-

Breaded chicken breast, red & yellow pepper, cheddar cheese in toasted sour dough bread.



Caprese in Rustica Ciabatta 950/-

Ciabatta bread, cream cheese, chicken or beef, feta cheese, rocket leaves, pesto sauce, sun dried tomato & cheddar cheese



Double Beef / Chicken burger 1100/=



Hawaiian chicken burger 980/-
Pineapple ring, macaron, BBQ sauce, cheddar cheese, grilled chicken in a bun.



Classic chicken/ beef/ veg burger 980/-
Chicken/ beef/ vegetable, lettuce, tomato and caramelized onion.



Mexican burger 980/-
Chicken/beef, cheddar cheese, green pepper, white onion, tangy salsa, chilli mayo & jalapenos in a bun.



Aussie chicken burger 1000/-
BBQ chicken, grilled pineapples, egg, lettuce, tomato, cheddar cheese and ranch aioli.



Chicken fajita Wrap 900/-
Sauteed chicken with red and yellow peppers, cilantro, carrots, onions, chilli mayo wrapped in a tortilla and served with chips and coleslaw.

vegetarian Wrap 900/-
Broccoli, mushroom, zucchini, roasted peppers, chili guacamole, wrapped in a tortilla.

Tacos Wrap 900/-
Grilled chicken with tacos spicy, red onion, lettuce, avocado & chili mayo wrapped in a tortilla.

MAIN MEALS



Chicken Meals



Trixie meal 1280/=

A combination of royal chicken, grilled beef and fish curry served with steamed vegetables



Periperi chicken 1080/=

Roasted chicken lemon & herb periperi marinade, chips, mix vegetables and periperi sauce



Caribbean royal chicken 1180/=

Marinated spicy chicken on bone served with garden salad, salsa & ranchero sauce



Sweet chilly chicken 1100/-

Grilled chicken in sweet chilly sauce emulsion.



Chicken merryland 980/-

Fried bread crumbed chicken with house special marinade.



BBQ chicken wings 980/-

Well marinated chicken wings, tossed in BBQ sauce



Linguine melanese chicken 980/-
Breaded chicken breast. linguine pasta with our special salad in french dressing



Crispy chicken 980/-
Breaded chicken strips. deep fried served with coleslaw and honey mustard.



Chicken Nuggets 980/-
Breaded chicken pieces. salad. chips and tartar sauce



Grilled chicken breast 1070/-
Tender juicy grilled chicken breast. steamed vegetables served with sauce of your choice (mushroom sauce, pepper sauce or gravy sauce)



Chicken stir fry 980/-
Julienne of chicken sauted with vegetables



Nasi goreng chicken 980/-
Indonesian style roasted chicken in kepat sauce with ketcham manis sauce.



Chicken fry 980/-
Marinated chicken leg. oven roasted served with chips & salsa.



Chicken curry 980/-
Chicken cubes in creamy curry sauce



Red Meat



Ossobucco 1150/-
Braised beef in piquante sauce.



Grilled beef fillet steak 1080/-
Grilled prime fillet steak, vegetables served with sauce of your choice (Mushroom sauce, pepper sauce or gravy sauce).



Lamb shank 1080/-
Slow braized lamb shank in our special sauce



Beef stir fried 980/=
Grilled julienne of beef sauted with vegetables

ALSO AVAILABLE

Beef strips 980/-
Marinated beef strips tossed with assorted vegetables

Beef Stew 980/-
Braised beef fillet with vegetables



Sea Food and Crustacean



Sea Food Platter 3200/=

Assorted mixed grilled sea food of prawns, king fish, fish fillet, calamari, octopus, mixed salad, side chips, garlic crostini and tartar salad.



Grilled tilapia 1080/-

Well marinated grilled fresh tilapia fillet served with vegetables & capers sauce.



Fish fingers 1080/-

Breaded fish strips, deep fried and served with tartar sauce and coleslaw



Fish Curry 1080/-

Fillet tilapia cubes in creamy curry sauce



Fish stir fry 1080/-

Grilled julienne of fish sauted with vegetables



Grilled Norwegian salmon 1950/=

Grilled salmon, olive oil lemon marinade, creamy spinach, sautéed vegetables, mashed potato and caper sauce.



Swahili coconut fish 1050/-

Fish fillet, coconut milk, mild curry paste, french beans, garden beans & cherry tomato.



Malay king fish 1400/-

Grilled king fish, mix veg & caper sauce



Fish piccata 1080/-

Marinated tilapia fillet, bread crumbed & deep fried.



Whole fish 1080/-

It can be dry/wet in our special sauce/coconut sauce.



Grilled red snapper fillet 1080/=

Grilled red snapper fillet, vegetables with caper sauce.



Pasta Dishes



Yakisoba ramen 950/=
Ramen noodles, vegetables topped with fish or chicken with a touch of sesame.



Tuscan chicken pasta 980/=
Fettucine pasta with chicken in tuscan sauce with spinach & sun-dried tomato.



Chipotle chicken pasta 1000/-
Penne or spaghetti in spicy sauce, garden peas, chicken & parmesan cheese



Chicken parmesan pasta 980/=
Breaded chicken topped with tomato sauce & cheese on linguine pasta



Chicken Alfredo Pasta 980/=
Penne in creamy sauce, mushroom, chicken & parmesan cheese



Sea food pasta 1100/=
Fettucine pasta, tossed with prawns, calamari & fish



Pha thal noodles 850/-
Mushroom, chicken, assorted vegetables in yam chilly sauce.



Vegetables

- Vegetable Curry 750/-**
Fresh market vegetables in creamy curry sauce.
- Stir fried vegetables 750/-**
Assorted vegetables, sauted in garlic sauce & tomato concase.



Mexican Cuisine



Hissy chicken/beef/vegetables

1100/=

served in a bed of toast green pepper, white onions, sour cream, salsa, guacamole and a side of tortillas.



Classic Tacos

1050/-

Spicy chicken/beef topped with avocado salsa, cheddar cheese & sour cream in tortilla bread.



Mehico Quesadilla

1050/-

Chicken/beef/vegetables tossed in a ranchero sauce, served in a tortilla with mozzarella cheese, side sour cream, guacamole & salsa.

**ALSO
AVAILABLE**

Tacos Chicken/beef/vegetables

1050/-

Chicken/beef/veg stir fried, wrapped in a tortilla served with fries



Pizzas



Beef steak pizza



Mixed Sea food Pizza



Mushroom Pizza



Chicken Pizza



Supreme Chicken Pizza



Margherita Pizza



Hawaiian Pizza

	Medium	Large
Margherita Pizza	800/-	1000/-
Beef steak pizza	1000/-	1250/-
Hawaiian Pizza	1000/-	1250/-
Pizza Polo	1000/-	1250/-
Supreme Chicken Pizza	1000/-	1250/-
Mixed Sea food Pizza	1000/-	1250/-
Mushroom Pizza	1000/-	1250/-
Pizza Tonno	1000/-	1250/-



African Dishes

Special Rice Dishes

Rice / Spaghetti saldato	500/-
Chicken rice	600/-
Biryani Chicken/Lamb	650/-
Vegetable fried rice	450/-
Coconut rice	500/-
Pilau plain	300/-
White rice plain	250/-

Goat Meat

Arosto Plain	650/-
Dailo Plain	950/-

Camel Meat

Costato Plain	950/-
Karanga Plain	550/-



Arosto with pilau 950/-



Sinia for 2, with dailo, rice, pilau & beans 1500/-



Prawns rice 850/-



Salmon rice 850/-



Nasi Goreng Chicken rice 850/-



Chicken rice 850/-

Reach & follow us on

Office line	:	0718 047 962
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Instagram	:	Pronto_Restaurant254
Facebook	:	Pronto Restaurant
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